

Food labelling information for charity & community group fundraisers

Food sold at events that raise money solely for charitable or community causes is exempt from most labelling requirements of the Australia New Zealand Food Standards Code. However, certain information must be provided when relevant. Other information must be provided if the customer requests it. It can be provided in connection with the display of the food e.g. via a sign or it could be provided verbally on request by the customer. You may also wish to provide voluntary information useful for your customers e.g. ingredient list and best before date.

Foods or ingredients that are known to cause allergic reactions

Foods for sale at a fundraising event must have a name or description sufficient to indicate the true nature of the food. Certain foods and/or certain substances present in foods are required to have an advisory statement displayed on or in connection with the food, or provided to the purchaser on request, either verbally or in writing. They are known to cause allergic reactions in some people and are listed as follows:

- Gluten and cereals containing gluten (a substance found in wheat, rye, barley, oats and spelt and therefore present in foods made from these grains, such as flour)
- Fish and fish products
- Lupin and lupin products
- Crustacea and their products
- Egg and egg products
- Milk and milk products
- Peanuts and soybeans their products
- Tree nuts and sesame seeds and their products
- Added sulphites (a preservative, applies to concentrations of 10mg/kg or more)
- Bee pollen (pollen collected from the legs of bees)
- Propolis (a substance collected by bees)

Where **royal jelly** is presented as a food or any food contains royal jelly as an ingredient, a written warning statement is required to be displayed e.g. on a label, leaflet, poster or brochure. The wording of the warning statement must be **'This product contains royal jelly which has been reported to causes severe allergic reactions and in rare cases, fatalities, especially in asthma and allergy sufferers.'**

Food label

Where food is labelled, the following should be included:

- A description of the food, for example 'carrot cake';
- The name of the fundraiser the food is made for;
- The name and address of the person or company who made the food, so that the maker can be traced if there is any problem with the food. A street address is

needed as a post office box cannot be traced. Where this information is kept separately by the event organiser, a code can be used e.g. 'Code 15' which can be linked to the information held by the organiser;

- A list of ingredients; and
- Best before date.

An example label:

Carrot Cake

Ingredients: Carrot, walnut, egg,
sunflower oil, flour, sugar, golden
syrup, baking soda

Made by: Code 15

Made for: Frankfurt Primary School fete,
5 Gray Road, WA 6000

Best Before 1 Jan 2023

Where a packet mix has been used, write the ingredients from the packet on your label (don't forget any other ingredients you may have added such as eggs).

For further guidance on labelling, the use and application of warning statements, advisory statements and declarations, go to www.foodstandards.gov.au . Further information is also available from the Allergy & Anaphylaxis Australia website <http://www.allergyfacts.org.au/> .

Should you have any queries, please contact Health Services on 08 9474 0777 or email enquiries@southperth.wa.gov.au